

3829 Grand Avenue
Des Moines, IA 50312-2807

office@dmcpc.org
515-279-3658

Church Office Hours

Monday—Thursday
8:00 a.m.—4:00 p.m.

Friday
8:00 a.m.—12:00 p.m.

Worship

Sunday, February 4, 2018

10:15 a.m.
5th Sunday After Epiphany

Sermon Title:

Holy Idleness
Rev. Wallace W. Bubar

Scriptures:

Isaiah 40:21–31 and
Mark 1:29–39

Hymns:

393 *O Day of Rest
and Gladness*
288 *Spirit of the Living God*
824 *There Is a Place
of Quiet Rest*
630 *Fairest Lord Jesus*

Music:

Chancel Choir

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www.facebook.com/centralpresdm/



Top stories...



Bring your loose change for special kids offering on Sunday!



Valentine's Day Dinner & Auction is Friday, February 9; RSVP now!



Two opportunities for the imposition of the ashes, Wednesday, February 14



Signup for the Leader Training to be held here at Central, February 17



A Fiesta Fund Raiser for Our Sister Parish will be held on February 24

Annual offering for Souper Bowl of Caring is this Sunday



The children and youth of Central will hold a Souper Bowl of Caring fundraiser after worship Sunday, February 4, Super Bowl Sunday. They will be donating their Sunday school offerings to the charity of their choice in the Des Moines area to help combat hunger and homelessness. Support their efforts by placing any money you might bet on the big game into the pot that represents your favored winning team. Or you can simply put any loose change you might have in the pots. Look for children in the narthex carrying huge soup pots.

Adult class will join *Bread for the World* effort

The United States and the world have made substantial progress toward ending hunger and poverty over the past several decades. Worldwide, extreme poverty – living on less than \$1.90 a day – has been cut in half over the past 30 years. But more work needs to be done. Central Presbyterian Church has decided to join other faith leaders, nongovernmental agencies and business leaders through Bread for the World and end hunger and extreme poverty by 2030.

The goal of Bread for the World's *Offering of Letters* is to write policy makers and urge them to create pathways out of hunger and poverty. Join the World and Community Concerns Committee for educational opportunities to learn about the status and effects of hunger, then turn faith into action by writing letters to members of Congress. Sundays, 9:00 AM, Room 201

- February 11 9:00 a.m. *Honoring Voices, Embracing Change*
- February 18 9:00 a.m. *The Way Forward – It Takes a Community*
11:30 a.m. *Offering of Letters Workshop*
- February 25 9:00 a.m. *Ending Hunger: Health is at the Core*
10:15 a.m. Blessing of the letters during worship.

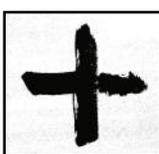


Yum! Have breakfast for dinner on Shrove Tuesday, February 13.



On Tuesday, February 13, from 5:00 to 7:00 p.m., in Fellowship Hall, the men of Central will cook pancakes and all the fixin's for this year's Shrove Tuesday pancake supper. The fun event includes Dixieland music and pancakes with your Central friends. All are invited as we usher in the season of Lent for 2018!

Two services will be offered on Ash Wednesday



Central is offering two different opportunities for you to begin the Lenten season on Wednesday, February 14, at 12:15 p.m. and 7:00 p.m. Both services will last approximately 30 minutes, and will include contemplative prayer, Scripture, and music, with the imposition of ashes. A salad & soup lunch will be served following the 12:15 p.m. service in the East Parlor.

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Upcoming @Central

Friday, February 2

Noon Church closes

Saturday, February 3

11:00am Goodwin Funeral

Sunday, February 4

9:00am Education hour
9:00am Adults *Bread for the World*

10:15am Worship
11:15am Fellowship

Monday, February 5

4:30pm Worship Cmte
7:00pm Communications

Tuesday, February 6

10:30am Staff meeting
5:00pm Tutoring
7:00pm CE Cmte

Wednesday, February 7

10:00am Bible Study
5:00pm Building & Grnds
5:00pm LOGOS children
5:30pm Human Resources
6:15pm Youth & dinner
6:30pm Knitting group
7:00pm Confirmation
7:30pm Chancel Choir

Thursday, February 8

7:00am Business & Finance Cmte
8:45am Morgen Bells
5:00pm Foundation
5:00pm World & Community Concerns

Friday, February 9

Noon Church closes
5:00pm Valentine's Dinner & Auction

Saturday, February 10

9:00am Des Moines Presbytery Meeting

Journey to Romance, the Valentine's Day Dinner & Auction is February 9



Join us for an evening of music, fine dining, prizes and community. Happy hour with appetizers will start us off with live soft-jazz piano. Dinner will be inspired by the chefs at the DMACC Culinary Arts Institute and includes, salad, an entrée, vegetable, bread and a dessert tray. Table centerpieces from Boesen's will be available to take home. Live and silent auction.

Proceeds go towards church educational programs for children, youth and adults. \$20 per person which includes, appetizers, beverages, dinner and entertainment. Childcare is provided. Deadline to reserve your seat is Monday, February 5. Make a reservation by contacting the church office at 515-279-3658 or segge@dmcpcc.org

Hey children & youth! Don't forget to invite a guest for the next LOGOS!

Central's intergenerational fun night is for children, youth and adults! Every Wednesday, grades K-5 meet from 5:00 to 7:00 p.m. Dinner is served at 6:15 p.m. and youth, grades 6th-12th, meet from 6:15 to 8:00 p.m. We seek to be a community that prays and plays together as you can see by these crazy nose images from last fall! For more info, contact **Greg Halterman**, Christian education director at 515-279-3658 or ghalterman@dmcpcc.org. Here are a list of theme nights coming up:

- February 7 Guest Night
- February 14 Planting Seeds (Ash Wednesday)

Christian Education Leader Training workshop is February 17

Central will host a training session for all those involved in our educational ministry with children on Saturday, February 17, from 1:00 to 4:15 p.m. Led by master teacher Suzanne Stout who has directed a LOGOS program at First Christian Church of Des Moines for 17 years, this 2-part workshop will help volunteers and professionals hone their skills in the classroom for a more productive educational experience for children. This 3-hour session will be divided in to two parts:

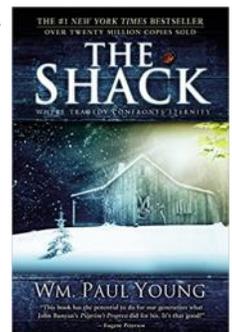
1. **Discipline with Love:** will address the challenging topic of discipline in the church. This workshop considers the basics for effective, loving discipline and provides recommendations for helpful classroom strategies. It is great for all adults who lead young people.
2. **Teacher's Toolbox:** fabulous for equipping teachers and leaders for Sunday School, LOGOS, Vacation Bible School, and other opportunities for Bible study with young people. This interactive workshop examines the importance of Bible study, provides practical tools and techniques for teaching, and discusses the elements of teacher effectiveness.

Mark your calendars and contact **Greg Halterman** about making your reservation today! Childcare will be provided.

Lenten Book Study: *The Shack*

Have you ever wondered what it would be like to be in the same room with God, Jesus and the Holy Spirit? The story will usher you directly into the heart and nature of God and challenge you to consider the person and the plan of God in more expansive terms than you may have ever dreamed. Books are available for \$15.00 in the church office or downloadable to your electronic device. Study guides will be provided. Sign-up sheets are on the bulletin boards in the East Parlor, 39th Street Lobby and outside the Christian Education office. Groups are limited to 10 people so reserve your space as quickly as possible. Two study opportunities include:

- *Sundays, 9:00 AM, February 18, 25, March 4, 11, 18 & 25, in the Fireside Room*
- *Thursdays, 6:30 PM, February 15, 22, March 1, 8, 15 & 22, at the Halterman/Vargas home off Lower Beaver*



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PDA RELIEF LINKS:

Presbyterian Disaster Assistance is the emergency response and refugee program of the denomination, committed to long-term recovery of communities adversely affected by a crisis or catastrophic event. It is funded by [One Great Hour of Sharing](#) and raises funds for disaster response.

Give: Online gifts can be made to *Disaster Relief – for national, international and special disasters*

<http://pda.pcusa.org/>

To support PDA’s response to the mudslides, [click here](#); or for another cause, go to:

www.presbyterianmission.org/donate/categories/disaster-response/

Gifts can be made by phone at 800-872-3283; or mail a check, noting in the memo line which disaster to cover and send to:

**Presbyterian Church (U.S.A.)
PO Box 643700
Pittsburgh, PA 15264-3700**

Act: Learn how you can help families who have lost everything; like us on Facebook; share updates; read the Presbyterian News Service: www.presbyterianmission.org/story/category/disaster-assistance/

Pray: For those who suffered loss of family or home or for those who are working tirelessly to provide rescue, humanitarian aid and spiritual and psychological support.



Fourth Fridays, fellowship at the dinner table!

A new ministry starting this year is the ‘fourth Friday’ of every month Christian Education Director **Greg Halterman** and his partner, **Miguel Vargas**, will bring a pizza and salad dinner to the home of those who sign up at www.SignUpGenius.com/go/30E0848A9AA22A2FC1-fourth.

(Or they will be glad to welcome you into their home if it is more convenient.) *Fourth Fridays* will take place year round for anyone who wishes to participate. It will be a fun evening of great table fellowship and great conversation!

Fiesta Fun-Raiser is February 24 in Des Moines

The Presbytery of Des Moines’ El Salvador Mission—Our Sister Parish annual fund raiser is Saturday Feb. 24, 2018, from 5:00 to 7:00 p.m. at the Intentional Eucharistic Community, 3300 University Ave. The event includes: refreshments, silent auction, door prizes and special guest speakers! Tickets: \$15 each, \$10 students, and free – under age 10.

For more information or to submit a silent auction item, contact Central member **Mike Bassett**, 515-321-6433 or mikebassett111@gmail.com. For tickets, contact the Presbytery of Des Moines’ office at: 515-276-4991 or bdyer@dmpresbytery.org.



Hear the Rev. Raheb speak at *Peace Not Walls* special event in Ames



Spend a day with the Rev. Dr. Mitri Raheb who will be presenting *Nurturing Hope in Bethlehem and the West Bank*, on Friday, Feb. 23, 2018, from 9:00 a.m. to 4:00 p.m. Sponsored by the Bethesda Lutheran Church, 1517 Northwestern Ave., Ames; *A Day with The Rev. Raheb* and *Bright Stars of Bethlehem* registration fee is \$25 and includes lunch. Register online at: <http://seiasynod.org/ministries/peace-not-walls/>. The day will include keynote presentations from Rev. Raheb, workshops and worship.

Dr. Mitri Raheb is president of Diyar Consortium and of Dar al-Kalima University College in Bethlehem, Bright Stars of Bethlehem in the U.S., and the Synod of the Evangelical Lutheran Church in Jordan and the Holy Land. He is also senior pastor emeritas of the Evangelical Lutheran Christmas Church in Bethlehem, Palestine. Dr. Raheb is a Palestinian theologian and author of 16 books including: *I am a Palestinian Christian*; *Bethlehem Besieged*; *The Cross in Context*; and *Faith in the Face of Empire*. In 2012, the German Media Prize was awarded to Dr. Raheb for his “tireless work in creating room for hope for his people, who are living under Israeli occupation, through founding and building institutions of excellence in education, culture and health.” Register now!



Take note of these upcoming 2018 activities:

- Feb. 9..... 5pm..... Valentine’s Day Dinner & Auction
- Feb. 13..... 5-7pm Shrove Tuesday pancake supper
- Feb. 14.....12:15pm Ash Wednesday service & lunch
- Feb. 14..... 7pm..... Ash Wednesday service
- Feb. 17.....1–4:15pm LOGOs Leader Training
- Feb. 25.....11:15am Called Congregational Meeting & potluck
- Mar. 25.....10:15am Palm Sunday Worship service
- Mar. 28.....6:15pm LOGOS dinner – Seder-meal experience
- Mar. 29..... 7pm..... Maundy Thursday service with First Arabic Presbyterian Church members
- Mar. 30..... 7pm..... Good Friday service, *The Seven Last Words*
- April 1.....8:30am Easter Worship service with communion
- April 1.....9:30am Egg Hunt & fellowship
- April 1.....10:15am Easter Worship service
- April 8.....10:15am Central College Acapella Choir sings